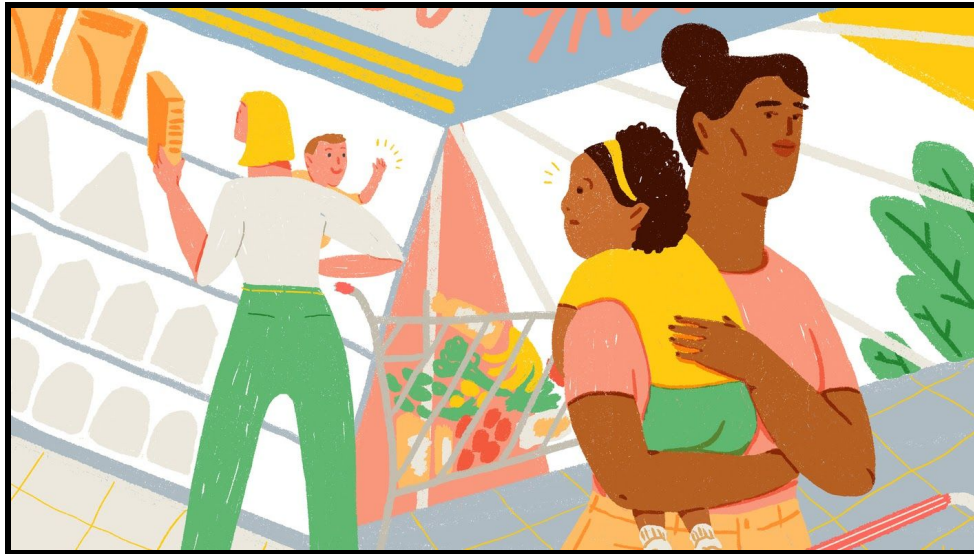


Discussing Race with your child



Article: MPR News

Talking about race and the many different ways people identify can sometimes be a hard and uncomfortable conversation. Many questions arise when teaching young children about race: “am I teaching this right”, “are my biases being put on my child”, “how do I teach according to diversity”, and the list goes on. Not only can the conversation of race be hard and uncomfortable, but the lack of acknowledging race in a society where it is all around can be hard and uncomfortable as well. Children have remained the same for many years in regards to having questions about things they don't know or are unsure of and it is our job as the educators, family members and community to teach our children what is appropriate.

Here at JJ Legacy, we see race, we understand race, we nurture race and most of all, we accept race. At JJ Legacy, race is not something that we shy away or run from, but rather we see the importance of letting the child be curious and ask those courageous questions that many may be uncomfortable to answer.

Below is a link to a MPR video around race and a few helpful examples. Also here are a few helpful things to think about when trying to navigate teaching race to children:

- What is race?
- How do you teach race?
- Do you have any discomfort with race?
- What does it mean to be different than someone else racially?

MPR video (20 mins):

https://edge2.pod.npr.org/anon.npr-podcasts/podcast/npr/lkparenting/2019/03/20190306_lkparenting_sesame_-_race_-_final_no_survey-7a0c6177-317e-4b7d-bd54-17b381233139.mp3/20190306_lkparenting_sesame_-_race_-_final_no_survey-7a0c6177-317e-4b7d-bd54-17b381233139.mp3_5f83b1d90b850661868009cb9f0f8632_19861916.mp3?orgId=1&topicId=1013&d=1244&p=510342&story=716700866&t=podcast&e=716700866&dl=1&siteplayer=true&size=19861916&awCollectionId=510342&awEpisodeId=716700866&dl=1&hash_redirect=1&x-total-bytes=19861916&x-ais-classified=download&listeningSessionID=OCD_382_253_1505e55ee761308f1bb5f60b26e3bcd1b585fb9

MPR article:

<https://www.npr.org/2019/04/24/716700866/talking-race-with-young-children?fbclid=IwAR262i36JkNreR2IYg0pPPHDPL9u6iyHSVkMV2vrR3Ehdl-1oG-0ZIXKMrY>